



## OUR VISION

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 “To provide an inspiring and dynamic programme for the spiritual, moral, emotional and intellectual development of young people, that enables them to fully appreciate and understand what makes life-enriching relationships.”

*A Fertile Heart is a faith inspired programme of study that invites teachers and pupils to explore together the big questions of life; what it means to be human and what lies at the heart of authentic personal dignity*

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Unless and until we enable children to see their **body and their sexuality** as a **gift**

and therefore the

**body and sexuality** of another  
as an equally-valued **gift**,

we will never move beyond  
the **narrow reductionist**  
and all too often  
**politicised** arena of  
**sex education.**

Edmund Adamus

Love, sex and life choices







Fertile Heart

**“ A Fertile Heart is attuned to the signs of the times, it understands the situation, hopes and fears and questions of the younger generation today.**

**At the same time, it has a faithful and sincere attachment to the evangelical effort of the Church to pass on the truths of the Catholic faith and the meaning of the person, particularly in the area of relationships and sexuality, in a way that can appeal to and perhaps even convince the young person of these times from within of the hope of a better way of living life in its authentic fullness. ”**

**Bishop John Keenan, Diocese of Paisley**



# Key Stage 1

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Module Rb2 **To know that God created us wonderful and one family**

Module Rf1 **To know the story of Noah's Ark**

Module 1b3 **To know God's love guides all our growth**

Module 1d1 **To know the story of Jesus and Zacchaeus**

Module 1e2 **To know that family and friends help each other**

Module 2b3 **To help build God's kingdom through serving each other**

Module 2e3 **To know we are all loved sinners**

# Key Stage 2 Year 3 & 4

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## Module 3k **Commanded to be Joyful**

Keeping Jesus' instruction to love as he has loved us is the path to true growth and joy

## Module 4b **Happiness**

Catechism of Catholic Church

CCC 1718 *"We all want to live happily; in the whole human race there is no one who does not agree with this"*

# Key Stage 2 Year 5 & 6

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## Module 5g **Tolerance**

There is more that unites us than divides us – Catechism of Catholic Church  
CCC

*1934 Created in the image of the one God and equally endowed with rational souls, all men have the same nature and the same origin. Redeemed by the sacrifice of Christ, all are called to participate in the same divine beatitude: all therefore enjoy an equal dignity.*

*1935 The equality of men rests essentially on their dignity as persons and the rights that flow from it:*

*Every form of social or cultural discrimination in fundamental personal rights on the grounds of sex, race, color, social conditions, language, or religion must be curbed and eradicated as incompatible with God's design*

## Module 6f **Tolerance of what others think and do**

To understand how we show tolerance towards others. Treating others with dignity and respect. Tolerant of what people have freedom to do.

# Key Stage 3

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## Module 7c **Tolerance**

To know that tolerance means respecting the true freedom of others. To understand what is meant by true and false freedoms.

## Module 8a **The Fertile Person**

To be spiritually fertile is the ability grow by helping others to grow. Humanity is like a jigsaw puzzle... differences can strengthen us. Interdependence.

## Module 9c: **Getting in Touch with my Desires**

To know the difference between objective desires, and subjective desires. To understand that nuance is necessary to understand myself and others and that its absence can lead to sweeping, inaccurate statements.

## Module 9h: **The Path to Authentic Fertility**

To see that growing, as persons and in our sexuality, needs patience and understanding, and to reflect on healthy processes that lead us to better self-understanding.

# Key Stage 4 – Year 10

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## Module 10b: “**Growing Up – objective and subjective love**”

subjective love includes our awareness, feelings, views

Objective love is the truth that allows us to truly want what is best for the other

Truth & Love = Joy

## Module 10c: “**Being and Stillness; Personhood and Panic**”

Stillness and love focus me on my being. Panic and busyness distracts me from knowing myself. Being patient with self helps us discover our common humanity

## Module 10j: “**Social Fertility**”

Commit to the common good. The bonds between us are most important followed by what we can achieve together.



# Key Stage 4 – Year 11

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## Module 11b: **The Intellectual Virtues**

To know how to think. To apply right-thinking skills so as to arrive at truth.

## Module 11d: **Prudence Part 2**

To deepen our understanding of the virtue of prudence, by looking at real life situations and dilemmas. How to build real relationships on communication and friendship.

## Module 11e: **Justice**

To know what is meant by the virtue 'justice', and how to apply it responsibly in the context of relationships. Equality, rights, diversity, social cooperation... explore 'commutative justice' – balancing one person's rights with another's.



'One of the great  
public intellectuals of the age'  
*The Times*

# MORALITY

Restoring the Common Good  
in Divided Times

- ▶ *"our compassion for those who choose to live differently should not inhibit us from being advocates for the single most humanising institution in history. The family, man, woman, and child, is not one lifestyle choice among many. It is the best means we have yet discovered for nurturing future generations and enabling children to grow in a matrix of stability and love. It is where we learn the delicate choreography of relationship and how to handle the inevitable conflicts within any human group. It is where we first take the risk of giving and receiving love. It is where one generation passes on its values to the next, ensuring the continuity of a civilization. For any society, the family is the crucible of its future, and for the sake of our children's future, we must be its defenders."*
- ▶ *Lord Jonathan Sacks former Chief Rabbi*